

# Joyful Living Memory Cafe

Please join us for lunch and an activity at our next memory café session – a fun, relaxed monthly social gathering for those with memory concerns, as well as their care partners. Live joyfully while boosting physical, emotional and social health!

Who should attend: Individuals with early-stage dementia or mild cognitive impairment, and their care partners.

CENTRAL BAPTIST VILLAGE  
4747 N. Canfield Ave.  
Norridge, Illinois 60706



RSVP Required: 708-456-7979

## Event Details\*

January 24, 2019	Therapy Pets	12:00 – 2:30 p.m.
February 28, 2019	Radio Players	12:00 – 2:30 p.m.
March 14, 2019	Drury Lane Theater/Mama Mia	To be determined
April 25, 2019	Laughter Yoga	12:00 – 2:30 p.m.
May 9, 2019	Morton Arboretum	To be determined
June 27, 2019	Exercise	12:00 – 2:30 p.m.
July 11, 2019	Art Institute of Chicago	To be determined
August 22, 2019	Dance	12:00 – 2:30 p.m.
September 12, 2019	Memory Farm, Elburn	To be determined

No charge to attend.

Call to register: 708-456-7979

- Activities subject to change.

